

Food for Thought

A newsletter published by Community Kitchen of Monroe County, Inc.

October 2017

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United Way of Monroe County



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of Monroe County, Inc.

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Mortgage Burning Neighborhood Parties

The Community Kitchen is very close to paying off the main facility's mortgage.

Since opening in 2011, the main facility has supported a 221% increase in Backpack Buddies distribution to local children and their families and an increase of 31% in meals and snacks overall. Paying off the balance of the mortgage would open new possibilities for ending hunger in our community. Join us for a celebratory push toward the future of food security in Bloomington and Monroe County.

On Saturday, October 21, host a party to collect donations for the Community Kitchen that will help eliminate the mortgage and hunger in our community. Some party theme ideas include:

- A potluck or pitch-in supper
- Wine and cheese party
- Dessert and coffee
- Soup and sandwiches
- A backyard cookout
- Pizza night

Get your neighbors, faith community, game night buddies, and friends together for a celebration and charitable night of fun. For more information, check out our website at <https://www.monroecommunitykitchen.com/event/mortgage-burning-neighborhood-parties/> or call Carol Dilks at (812) 650-3618.

Kroger Community Rewards

Do you shop at Kroger? Carry one of those Kroger Plus cards? Now you can help support Community Kitchen when you shop at Kroger. Just register your Plus card at the website and 2% of your grocery purchases support Community Kitchen each time you shop. Follow the link below to register your card today. When you get logged in and registered, just move to the Community Rewards section and select Community Kitchen of Monroe County or organization #47663. It's that simple. You have to register once/year so if you haven't registered in 2017, please do so today! <https://www.kroger.com/communityrewards>



THANK YOU!

We would like to thank the following organizational and institutional supporters and we encourage you to thank them as well. The groups below have provided financial, in-kind, or volunteer support since our last newsletter:

Alpha Kappa Psi	Dolan Ridge Community Church	Little Union Baptist Church
Amazon Smile	Downtown Bloomington Inc/Taste	Lucky's Market
Baxter	Ellettsville House of Prayer	MCCSC
Baxter Healthcare	Evangelical Community Church	Monroe County Council
Baxter International Foundation Matching Gift Program	Family Solutions	North Central Church of Christ
Bethel Lane Holiness Community Church	Finch-Pepper LLC	Olive Garden Restaurant
BHSS Honor Society	French Lick Resort	Perry Township Trustee
BHSS Interact Club	Hanapin Marketing	Prince Sandblasting
Bloomington Board of Realtors	Hand in Hand, a Stone Belt Project	RH Marlin Equipment
Bloomington Friends Meeting	Harrell Fish Inc.	Richardson Excavating
Bloomington Pediatric Dentistry	Headley Quarter Horses	Riley Physicians
Bloomington Township Trustee	Herald-Times and Hoosier Times	Root Advisors
Boston Scientific Foundation	High Speed Tire	South Central Community Action Program
Central Wesleyan Church	Highland Village Church of Christ	St. Charles Borromeo Catholic Church
College Internship Program	Hilger Enterprises - Orkin Pest Control	St. Mark's United Methodist Church
Congregation Beth Shalom	Hoosier Catholics	St. Paul Catholic Center
Counseling Psych Student Organization	IU Alumni Association	Stanford Outreach
Cox Civic Scholars	IU Folding	Taylor Fresh Produce
Cross Roads United Methodist Church	J&J Quality Rentals	The Woman's Club
Cruisin' Classics	JohnBethell Title Company	Traditions Catering
Delta Chi	K&G Goat Ranch	Unionville Church of Christ
Delta Kappa Gamma, Alpha Chapter	K&L Excavating	Unitarian Universalist Church
Dermatology Center of Southern Indiana	K&S Roll Off	United Way of Monroe County
	Lakeview Elementary School	Unity of Bloomington

Thanksgiving at Community Kitchen

As fall weather turns cooler, the holiday season is upon us. Thanksgiving is right around the corner and much food is needed to create a traditional Thanksgiving meal for our patrons. Each year we seek to make a festive holiday meal for our patrons who, often times, don't have family or friends with whom to enjoy the meal.

At Community Kitchen, we have extra volunteer shifts to accommodate all of the many generous volunteers who want to be a part of our holiday meal and we serve an hour longer than normal. We've already begun scheduling volunteers and shifts will fill quickly. Begin thinking about contributing special holiday food. Below is a list of the items and quantities we'll need for Thanksgiving. Help us make it a special day for the needy in our community!

- 45 turkeys
- 150 boxes of stuffing mix
- 400 cans of green beans
- 200 cans of cream of mushroom soup
- 30 large cans of French fried onions
- 120 cans of cranberries or cranberry sauce
- 200 cans of tropical fruit or fruit cocktail
- 30 pies (including 12 sugar free)
- 30 dozen rolls
- Other canned vegetables



Backpack Buddies

School has started and that means a new year of Backpack Buddies. We finished the school year with about 400 families from 18 different schools, involved in the program. That's 3,200 pounds of food each week of the school year. We welcome donations of the following foods for the program:



- Canned or pouch tuna, chicken or ham
- Peanut butter
- Meal helpers (like Hamburger/Chicken/Tuna helpers)
- Fruit cups – applesauce, mixed fruit, pears, peaches, etc.
- Instant Oatmeal – individual portions
- Macaroni & Cheese
- Boxes of breakfast cereal
- Easy to prepare food items – instant mashed potatoes, dried soups, beans, rice or pasta meals, etc.
- Granola/fruit/cereal bars
- Dried fruit – raisins, cranberries, cherries, etc.
- Small bread mixes – cornbread, muffin, biscuit, etc.
- Healthy snack crackers
- Small pop top cans of vegetables

Food donations can be dropped off at our main location at 1515 S Rogers St from 7am - 6pm Monday - Friday and 11am-6pm on Saturdays.

Jan - Sep Meal Counts

Rogers Street	36,044
Express	43,251
Feed Our Future	57,583
Head Start	35,894
Nutrition Links	3,375
Backpack Buddies	40,240
A Friend's Place	12,870
Senior Links	2,484

Total	231,741
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United We Fight. United We Win.

United Way and its member agencies fight for the education, earnings opportunity, and essentials needs of everyone in our community. Will you join the fight?

Every day United Way, Community Kitchen, and 24 other highly-qualified partner agencies fight for our neighbors so everyone has a true chance at a better life. By having access to the right assistance, people can better face their difficult, and usually complex, realities. United Way supports a range of services like healthy meals, after-school programs, job supports, senior services, safe housing, and health care that can help people create wins, whether large or small. When our community works together, everyone is stronger. Donors like you are turning lives around every day.

1 in 3 lives in our community are impacted by your gift. Your donation stays local, helping every person and every family in our community have the opportunity to learn more, earn more, and lead a safer and healthier life.

Change doesn't happen alone – we must all fight together to win. Please give generously today. To see how your donation is fighting for your community throughout the year, visit www.monroeunitedway.org/MyImpact.



United Way
of Monroe County

monroeunitedway.org  

**UNITED WE FIGHT.
UNITED WE WIN.**

**UNITED WAY FIGHTS FOR THE EDUCATION, EARNINGS OPPORTUNITY,
AND ESSENTIAL NEEDS OF EVERYONE IN OUR COMMUNITY.**



Community Kitchen Hawaiian Brunch

Community Kitchen's upcoming brunch has a Hawaiian theme and will be held on **Sunday, November 12th**. There will be two seatings for this all inclusive brunch. You can choose to attend the three course brunch at the 11am or 1pm seating. Chefs for this brunch are instructors and students from the IVY Tech Culinary Arts Program. Reservations are required and the menu is listed below.

1st Course:

Lomi lomi Salmon - cured salmon salad with nori and seasoned sushi rice OR
Island Fruit Gazpacho: cold soup made with a variety of tropical fruits and avocado mousse

2nd Course: (Each served with *Island Sweet Potatoes*, mashed sweet potatoes made with coconut milk)

Kahlua Pork - smoked pork shoulder braised with pineapple OR
Grilled fish with mango salsa OR
Kahlua Tofu and Mushrooms - smoked tofu and cremini mushrooms sautéed with pineapple

3rd Course:

Mango and Coconut Ice Cream (vegan, one scoop of each flavor) with grilled pineapple and macadamia nut brittle

Each course will be paired with an appropriate Cardinal Spirits cocktail (non-alcoholic juice drinks available). The cost is \$50/person and all proceeds benefit Community Kitchen's hunger relief efforts. Make reservations with seating times to 812-332-0999 or director@monroecommunitykitchen.com. It's a wonderful dining experience and way to support Community Kitchen!

Kitchen Wish List
Canned vegetables
Canned tomatoes
Egg noodles
Rice
Dried beans
Onions
Butter

Member Agency



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Non-profit org.
US postage
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