

Food for Thought

A newsletter published by Community Kitchen of Monroe County, Inc.

June 2017

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Hoosier Hills Food Bank
IU Health - Positive Link
LifeDesigns
MCCSC
Perry Township
Rhino's Youth Center
RBBSC
Stone Belt
The Rise
Transitional Services Inc.
United Way of Monroe County

Summer Food Service

The summer food service program is going well thus far. Volunteers arrive early in the morning and work from 7:30-9am to get lunches assembled and ready for delivery. Shortly after 10am, both vans head out on deliveries. A volunteer accompanies staff to go to five neighborhoods each and hand out healthy lunches. We serve:

Canterbury House Apartments 10:30-10:45am

Orchard Glen Apartments 11-11:15am

Cedar Chase 11:30-11:45am

Country View Apartments 12-12:15pm

Southcrest Manor 12:25-12:40pm

Henderson Court Apartments 10:30-10:45am

Walnut Woods 10:50-11:05am

Trail View 11:15-11:30am

Crestmont 11:35am-12:10pm

The Reserve at Chandler's Glen 12:15-12:30pm



If you're interested in volunteering for this program our shifts are 7:30-9am for prep and 9:45am-1pm for delivery. Call June at 812-332-0999 to get signed up.



Volunteer shifts

At Community Kitchen we rely on over 126 volunteers each summer week to provide over 900 meals/day. If you'd like to meet some amazing people and help out, consider volunteering for one of these shifts:

7:30-9am Lunch prep shift

9:45am-1pm Lunch delivery shift

11:30am-1:30pm Prep shift

3:30-6:30pm Serving shift

At this time of year it is more difficult to get all volunteer shifts filled but it is one of our busiest times of year. Call June at 812-332-0999 and she can get you signed up.



Community Kitchen
of Monroe County, Inc.

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Would you like to receive this newsletter via email and no longer receive the paper copy? Email Vicki at: director@monroecommunitykitchen.com and we can get you switched over. All we need is your name and email address. We'll save money on printing and postage and you'll cut down on the volume in your mailbox.

THANK YOU!

We would like to thank the following organizational and institutional supporters and we encourage you to thank them, as well. The groups below have provided financial, in-kind or volunteer support since our last newsletter:

AmeriCorps	Family Solutions	One World Catering
Baxter	First United Church	Owen County State Bank
Baxter International Foundation Matching Gift Program	Force Fitness and Performance	People & Animal Learning Services
Bedford Seniors Club	French Lick/West Baden Indoor Karting	Perry Township Trustee
Bethel AME Church	GCS Service Inc.	Psi Iota Xi
Bethel Lane Holiness Community Church	Gilbert Construction Inc.	Share Our Strength
BHSS Honor Society	Habitat for Humanity	Sherwood Oaks Christian Church
BHSS Interact Club	Hand in Hand a Stone Belt Project	South Central Community Action Program
Binford Rogers Elementary School	Herald-Times and Hoosier Times	St. Charles Borromeo Catholic Church
Bloomington Friends Meeting	Highland Village Church of Christ	St. Charles School
Bloomington High School North	Hilger Enterprises - Orkin Pest Control	St. John the Apostle Catholic Church
Bloomington Township Trustee	Indiana University	St. Mark's United Methodist Church
Boston Scientific	ISU The May Agency	St. Mark's United Methodist Women
Boys & Girls Clubs of Bloomington	IU Credit Union	St. Paul Catholic Center
Buffa Louie's @ The Gables	Ivy Tech	St. Thomas Evangelical Lutheran Church
Burk Enterprises, Inc.	Ivy Tech – O'Bannon Institute	Taylor & Francis Group
CFC Properties Inc.	Kappa Kappa Kappa - Alpha Chapter	The Project School
Church of Jesus Christ of Latter Day Saints	Kappa Kappa Kappa - Beta Associate Chapter	Tri-North Middle School
Clear Creek Christian School	Korean Presbyterian Church	Truist (United E Way)
Community Foundation of Bloomington & Monroe Co.	Kroger Community Rewards	Unionville Church of Christ
Congregation Beth Shalom	Lakeview Elementary School	Unitarian Universalist Church
Cook Pharmica	Little Union Baptist Church	United Way of Bartholomew Co.
Crossroads United Methodist Church	Marlin Elementary School	United Way of Monroe County
Delta Theta Tau Sorority, Zeta Chapter	Michael's Uptown Cafe, Inc.	Unity of Bloomington
Ellettsville House of Prayer	MCPL - Collection Services	University Elementary School PTO
Emergency Nurses Association	North Central Church of Christ	Unseen Bean

Backpack Buddies Food List

- Canned or pouch tuna, chicken or ham
- Peanut butter
- Meal helpers (like Hamburger/Chicken/Tuna helpers)
- Fruit cups – applesauce, mixed fruit, pears, peaches, etc.
- Instant Oatmeal – individual portions
- Macaroni & Cheese
- Boxes of breakfast cereal

- Easy to prepare food items – instant mashed potatoes, dried soups, beans, rice or pasta meals, etc.
- Granola/fruit/cereal bars
- Dried fruit – raisins, cranberries, cherries, etc.
- Small bread mixes – cornbread, muffin, biscuit, etc.
- Healthy snack crackers
- Small pop top cans of vegetables

Kroger Community Rewards

Do you shop at Kroger? Carry one of those Kroger Plus cards? Now you can help support Community Kitchen when you shop at Kroger. Just register your Plus card at the website and 2% of your grocery purchases support Community Kitchen each time you shop. Follow the link below to register your card today. When you get logged in and registered, just move to the Community Rewards section and select Community Kitchen of Monroe County or organization #47663. It's that simple. You have to register once/year so if you haven't registered in 2017, please do so today! <https://www.kroger.com/communityrewards>



Summer Brunch

Community Kitchen's next fundraising brunch will be held on **Sunday, July 16th** at Community Kitchen. There are two seatings: 11am and 1pm. Reservations are required and can be made by calling us at 812-332-0999 or emailing director@monroecommunitykitchen.com.

Local sous chefs will be responsible for brunch this time around. Cardinal Spirits will again provide delicious cocktails. Juice will be provided as a non-alcoholic drink option. The cost is \$50/seat. See the menu below.

1st course (choose one):

Almond breaded brie (Dave Strandring, Finch's Brasserie) or
Hanout Pommes Noisette- Butter fried potato balls, house-made pancetta, mustard crème fraîche, Korean chili thread (Bob Ehh, Feast)

2nd course (choose one):

Tenderloin Cheddar biscuit, fried pork tenderloin, chorizo gravy, and sunny-up egg (Abel Garcia, Finch's Brasserie) or

Torta Ahogadas- split sandwich filled with chopped pork & bacon ends, raw onion, cilantro, and avocado dipped into a tomato-arbol chili sauce (Evan Graper, NOCO) or

Za'atar roasted mushrooms, herbed cous cous, pickled egg, tomato-fennel broth, lemon yogurt sauce and pita (Brett Van Keppel, One World)

3rd course (choose one):

Cherry Cobbler a la mode (Julia Rogue, FARM Bloomington) or
Chocolate hazelnut éclair (Brian Inlow, NOCO)

Call or email us to make your reservation with menu choices soon. It's a wonderful dining experience and great way to support the Kitchen!

Lucky's Market Impact Program is dedicated to improving the quality of life in communities where they live and work by supporting vendors, their communities and local organizations addressing vital community needs. Specifically, Lucky's Market focuses on the three areas: Youth & Education, Healthy Communities, and Resilience.

Lucky's will hold an Impact Day for Community Kitchen's Backpack Buddies program on **Tuesday, August 15th**. On this day, 10% of the day's net sales will benefit Community Kitchen's Backpack Buddies program. Check out this additional way to support Community Kitchen!!

Save the date - Chefs' Challenge

July 30th 7pm Buskirk-Chumley Theater

Save the date and plan to join us at the Buskirk-Chumley on Sunday, July 30, 2017 for our 11th annual Chefs' Challenge event. Based on television's popular *Iron Chef*, this culinary event will feature three local chefs who will have one hour to prepare a winning dish from a pantry of ingredients. A mystery ingredient will be revealed right before the competition begins. BCAT film crews will show close-ups of the fast-paced action on the theater's big screen. Emcees will update the audience as the competition heats up, and the celebrity judges will pick the top dish. Judging is based on the use of time, use of product, including secret ingredient, presentation and taste. Two chefs will be chosen through email voting to compete in this year's competition against last year's winner, Lake Hubbard of Uptown Café. Watch our Facebook page and the H-T for information on chefs and voting. Get the date on your calendar now and don't miss it!



CHEFS' CHALLENGE

Bloomington's premier
culinary showdown
featuring local chefs

7.30.17

**BUSKIRK-CHUMLEY
THEATER**
DOORS OPEN 6 PM

MONROECOMMUNITYKITCHEN.COM
812.332.0999

BENEFITS
COMMUNITY KITCHEN



Backpack Buddies School Highlight - Templeton Elementary

Templeton Elementary School, home of the Tigers, became involved in the Backpack Buddies program in September 2012. At Templeton, 93.5% of the 540 children enrolled qualify for free and reduced meals at school. We have had as many as 75 children from Templeton enrolled in Backpack Buddies at one time. The logistics of coordination and management of the program inside the school limits its capacity.

Community Kitchen is happy to work with social work staff at Templeton to help alleviate some food insecurity in those students' households.

Templeton Elementary... a place where children and adults want to be!



Jan - May Meal Counts

Rogers Street	18,895
Express	22,364
Feed Our Future	25,202
Head Start	22,350
Nutrition Links	1,831
Backpack Buddies	31,685
A Friend's Place	7,095
Senior Links	1,441
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Total	130,863

LIKE US ON FACEBOOK/ FOLLOW US ON TWITTER

If you're on Facebook, please like Community Kitchen. You can find us at:

<https://www.facebook.com/monroe.community.kitchen>

And you can follow us on Twitter: @Monroe_ck

Help us spread the word about Community Kitchen happenings and join us today!



Kitchen Wish List

- Canned vegetables
- Vinegar - any variety
- Garlic & onion powders
- Backpack Buddies food (see inside)
- Cumin
- Rice

Member Agency



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